Connecting Cultures: International Student Support Group

The international student support group offers a safe and confidential space for international students to process their similar experiences of being away from home.

- **When:** Thursdays from 1PM to 2:30PM.
- **Sign Up:** To schedule a consultation for group, please call The Counseling Center at 512-245-2208.

Process experiences of navigating:
- Different culture norms
- Communication
- Adjustment concerns
- Interpersonal relationships
- Minority stress
- Homesickness

In this group, students can:
- **Offer and receive support**
- Form meaningful connections
- Learn ways to foster resilience, self-care, and healthy adjustment

If you require accommodation due to a disability in order to participate, please contact 512-245-2208 at least 72 hours in advance of the event.